

SIERRA WEST

Athlete

Sierra West (2004-2008) was a multi-sport scholar athlete lettering in nine varsity seasons in four sports: women's basketball, cross country, soccer, and softball.

She captained a conference championship and regional championship team for the Lady Owls basketball program where she earned recognition including All-State honorable mention, 1st Team All-Conference, 1st Team All-County, and Conference Co-Player of the Year.

She broke several school records including most assists and 3-pointers in a career/season and highest free throw percentage in a season. She was also selected to the Division 2 All-Star Game.

Sierra earned a full-ride scholarship to continue her collegiate career at Lewis University and completed it at University of Wisconsin-Parkside where her team earned two NCAA tournament bids (Sweet 16 and top 32). Individually she earned All-Conference (All-Defense) honors her senior season. Academically she earned the UW-Parkside Outstanding Graduate award for academic and extracurricular achievement and the outstanding student leader award.

In women's high school cross country, Sierra earned 2nd Team All-Conference recognition. In women's soccer she participated on the 2006 Division II State Championship Final Four team and the conference championship teams of 2004 and 2005.

Graduated 2008